

# Robert Murray

SPEAKER | AUTHOR | STRATEGIST

## Jostling June (p.2)

June can be one of the busiest months of year: the desire to be outside is higher than ever, but the need to be inside is just as important. So, how do we cope? What can we do? What would a true leader do?

## Interesting Leaders (p.3)

A round-up of influential blog posts and articles that will help you to unlock the leader that lies within.

## My Top Blogs (p.4)

A collection of the past month's blog posts, written in hopes of inspiring you to reach deep within and access your inner leader.

## Events (p.5)

Events happening in the community that will help you to unlock the leader within!



## Happy June!

As summer is near, and the longest day of the year grows closer and closer, it's the perfect time to reflect, reset, spend time with your friends & family, enjoy your life and get a sun tan!

I am happy to welcome you to my new monthly newsletter! This newsletter is the place where I will divulge exciting tips, tricks and insights on how to be a leader. I will engage with the community and share my findings, with regards to blogs, articles, and events. I am very excited to be starting this new venture, and I hope all of you are too. Enjoy the first monthly newsletter, and get excited for Jovial July!





## 7 ways to Jazz up your June

1. June 21st - Join your Scandinavian friends and celebrate Midsummers Eve - a festival from the 7th century that celebrates the Summer Solstice. It's a great party!
2. Grow something. Get a clay pot, soil, and some seeds. Nurturing a plant from a seed is incredibly rewarding.
3. Call your Father. In Canada and the U.S., June 21st is also Father's Day. Use this as an opportunity to reach out and tell your Dad you love him!
4. Take your children to the playground or the beach and spend time with them. Leave your phone at home or in your pocket - be present.
5. Review your plan for the rest of the year.
6. Grab your partner and go for a long walk in the evening and enjoy the extended daylight (In the Northern Hemisphere that is).
7. Have an ice-cream cone. Nothing says "Summer" like being a kid and eating an ice cream!

## Jostling June

June can be one of the busiest months of year: children are finishing school, summer vacation plans are in full-throttle, and the desire to be outside is higher than ever, but the need to be inside is just as important. So how do we cope? What can we do? What would a true leader do?

### *As a leader and a father...*

I know the stresses and joys that June can bring. It is half way through the year and numbers become very important in business. Summer is about to start, children are out of school and off their routine, productivity is likely to falter.

You can cope by sticking to your routine. The best leaders on the planet follow a strict regime that starts the moment they wake up. Having your own routine allows you to handle much more stress and be more creative.

Try it for 21 days and you will be amazed!





### Must read articles to help you get through JUNE all jazzed up

.....  
"Six questions you can ask to keep your employees loyal and happy." Forbes <http://ow.ly/NzqfC>

"How successful people work less and get more done." Inc. <http://ow.ly/NznCS>

"The easiest way to get more done? Work fewer hours." Slate <http://ow.ly/Nzoq4>

"60 useful thoughts to help you live in the moment." Inc. <http://ow.ly/NzoFs>

If you have an influential blog post, or article that you want to share in next month's Newsletter, e-mail [tiana@robert-murray.com](mailto:tiana@robert-murray.com) with your ideas.

## Interesting Leaders...

There are leaders all around us. Leaders work hard everyday to become the leader that they are, to be the best they can be, and to be a great influence for the people around them. Here's a list of what some of them are saying:

**Zappos** (The incredibly successful online shoe and accessory retailer) is flattening their organization and releasing their Management Team Members. Can Holocracy work?

Elon Musk, the innovative CEO of **Tesla** and **SpaceX**, did not fall into success, nor was he born into money. In fact, Elon fled his native South Africa to Canada when he was 18 years old to avoid military service. In a foreign country with no money, he worked tirelessly long days as a farm hand, mill worker and lumberjack to make ends meet. Elon had the same 24 hours in a day that we all have. He just choose to use his time to establish a foundation in order to chase his dream.



Elon Musk

## My Top Blogs

*May was a great month for blogs! I had some very diverse blogs, as well as a lot of great input and movement on them. Here are the top 3:*

### *True Inspiration*

This blog was inspired by the last mile of the London marathon. As I stood there and watched the the determination people had in their eyes, it reminded me of what it feels like, at times, being a leader...

For the whole article: <http://robert-murray.com/true-inspiration/>

### *How GREAT leaders start GREAT days*

This blog tapped into the different ways people begin their successful days. I had some great input from my community, and put together a way that everyone should start their morning...

For the full blog check here: <http://robert-murray.com/tuesday-tune-up-how-great-leaders-start-great-days/>

### *Top 5 things I wish I knew when I was 22*

This blog post was an advice piece geared towards recent grads, as well as a reminder for young industry professionals. I reflected on what my own recent grads are going through (my son and my daughter), and what I learned in my late 30's that would have been very useful to have learned earlier....

For the full blog check here: <http://robert-murray.com/tuesday-tuneup-top-5-things-i-wish-i-knew-when-i-was-22/>





## Events in JUNE

- ME: Private Leadership Event for Ledcor, in Vancouver, on June 2nd
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- Wendy McClelland hosts a webinar on building a positive mindset everyday, Monday June 8th: <http://ow.ly/NzrpB>
- Wendy McClellan is hosting a workshop in Vancouver, Canada, on June 17th. Here's the link - <http://bit.ly/Social2Sales>
- Midsummers Eve, and the longest day of the year in the Northern Hemisphere is on June 21st
- Father's Day in North America
- Incrementa, my new business consulting firm, will be announcing our official launch! June 29th

If you want to have your event posted in next month's newsletter, contact: [tiana@robert-murray.com](mailto:tiana@robert-murray.com)

## Events

The main Event of May was *MOTIVATION MONDAY LIVE!* This was an awesome event that my business partner, Heather White, and I put together to get think about what motivates them.

We had a catered lunch, and a lot of great networking. This was the first, but definitely not the last.



**HAVE A JOSTLING JUNE!**